

Cell phones are great—they keep us in touch with friends and family and can be life savers in an emergency. But they can also be annoying if not used thoughtfully.



Remember, it doesn't have to be on all the time and you don't always have to answer it immediately. Learn to use your phone's features like silent ring, vibrate and voicemail to handle the times when your phone would be bothering others if it rang and you answered it.

1. Be in control of your phone, don't let it control you!
2. Speak softly.
3. Be courteous to those you are with; turn off your phone if it will be interrupting a conversation or activity.
4. Watch your language, especially when others can overhear you.
5. Avoid talking about personal problems in a public place.
6. If it must be on and it could bother others, use the silent ring mode and move away to talk.
7. Don't make calls in a library, theater, church, or from your table in a restaurant.
8. Don't text during class or a meeting at your job.
9. Private info can be forwarded, so don't text it.
10. NEVER drive and use your phone at the same time.