

Managing a Graceful No:



Sooner or later, you're going to hear someone you don't know well—maybe they're an old school acquaintance or a friend of a friend—asking if you'd like to hang out, go on a date, meet for dinner, whatever. What do you do if you don't want to say yes? It's not that you don't like this person, but you barely have enough time for the friends and responsibilities you have now. Solution—tell the truth, as nicely as you can: "I'm sorry, but right now my life is incredibly hectic, and my schedule is packed. Why don't you give me your number? Maybe we can get together sometime when things calm down."