

Lizzie Post



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Lizzie Post, is a great-great-granddaughter of Emily Post and co-author of [Emily Post's Etiquette 18th Edition](#) as well as [Emily Post's Wedding Etiquette 6th edition](#), and

[The Etiquette Advantage in Business, 3rd edition](#)

. Lizzie does speaking engagements across the country sharing advice about entertaining, weddings, dating, tech-etiquette, finance and lifestyle. She has worked as a spokesperson for AirBnB, Bank of America, and American Express Platinum.

Lizzie and Daniel Post Senning co-host the [Awesome Etiquette](#) podcast on American Public Media's podcast network, *Infinite Guest*

. She is a columnist with *Women's Running Magazine*

. Lizzie also hosted a web series for Ulive.com called *Awkward Moments*, which focuses on life's awkward etiquette situations.

Lizzie offers a fresh perspective with an engaging and modern voice. She delights in tackling etiquette's taboo topics with the media, making her a popular source. Her interviews include *NBC's The Today Show, Katie, Fox & Friends, Live with Kelly and Michael, The Gayle King Show, The Wendy Williams Show, The New York Times, The Wall Street Journal, The Chicago Tribune, Harper's Bazaar, Glamour, W Magazine, The Huffington Post* and more.

Lizzie holds a Bachelor of Science degree in Art Education from The University of Vermont and currently lives in her native Vermont where she works for The Emily Post Institute.



[Emily Post's Etiquette, 14th edition](#)
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