

Kids & Parents Programs

Table Manners Program for Children

Created for presentation at a restaurant or hotel dining room, this seminar is approximately 2 hours in length.

"Cindy's parent presentation was enlightening and thought-provoking. Parents expressed to me later that they were glad to have Cindy as a speaker. The Director's School of Etiquette, USA family

"I felt so fortunate we were able to have Cindy as a speaker. The Director's School of Etiquette, USA family



[CONTACT US](#)

Table Manners Workshop

Is it OK to eat French fries with your fingers? Why are there two forks at my place? What if my friend's Mom serves something I really don't like? This workshop covers table manners from the table setting, to how to use utensils and to eat 'challenging' foods. There is a table manners quiz, a tour of the table setting, tips on eating tricky foods and "what if" discussions that sort out sticky situations. In addition, the workshop covers how to have a good meal-time conversation. Participants receive tip cards and a certificate of completion from the Emily Post Institute.

For: kids ages 8-13; Length: 1 hour; Audience size: 10-35

Table Manners Program for Children

During a restaurant meal, children learn about table manners and etiquette. They learn to navigate a formal table setting and dining experience with confidence. Children are introduced to the principles of etiquette-respect, honesty and consideration-and how they impact daily life. There is a table manners quiz, an overview of the place setting, pointers on how to eat tricky foods and tips on being a good guest and host. Children receive a booklet summarizing the manners and lessons presented in the program. They also receive a personalized certificate upon completion of this manners course.

For: children ages 8-13; Length: 2 hours during a meal; Audience size: 10-35

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Fees & Expenses

Please contact Steve Puettner at 802-860-1814 or stevenp@emilypost.com for pricing and availability.

Sponsorship

Interested parties concerned about expenses are encouraged to find local sponsors. Both the ***Manners for Kids Workshops***

and the

Table Manners Program for Children

programs offer great exposure for underwriters. Corporate logos can be added to posters, signage, workshop handouts, and certificates. Sponsors can also purchase discounted copies of "The Guide to Good Manners for Kids" for participants. Books can include stickers that say "Compliments of SPONSOR ORGANIZATION." Sponsoring organizations can also create gift bags to distribute. Call The Emily Post Institute (802-860-1814) for more information.

Presenters

All sessions are lead by Cindy Post Senning, Ed.D. or Peggy Post.



Cindy Post Senning is the co-author of *Emily's Everyday Manners*, *The Gift of Good Manners* and

The Guide to Good Manners for Kids.

Her professional career spans nearly thirty years in education and health; she taught health care to middle and high school students and served as principal of the Duxbury Elementary School in Duxbury, Vermont.

[For more information view Cindy's biography page.](#)



Peggy Post, co-director of The Emily Post Institute, Inc., has written ten books on etiquette, including *Emily's Everyday Manners*, *The Gift of Good Manners* and *The Guide to Good Manners for Kids*, which she wrote with Cindy. Peggy is a nationally recognized authority on etiquette, and millions seek her advice through her monthly column in *Good Housekeeping* magazine; through appearances on national television; and via hundreds of newspapers and radio stations. Peggy conducts speeches and seminars across the country, and teaches manners to children of all ages.

[For more information view Peggy's biography page.](#)

What Kids Say:

"You taught my friends and I all about manners and what we need to do to be more polite. My family and I have improved our manners because of your visit. You helped me learn what to do at friends' houses if there is something wrong." ~ Rachel

"I learned about manners on the computer and for cell phones. I liked how you interacted with the kids too." ~ Harrison

"I really enjoyed deciding which choice was best when you gave us different scenarios." ~ Haley

"I never realized that cell phones could be so annoying. The table manners are helpful to my family also." ~ Hannah

"It's cool that kids have their own manner book. I look forward to reading it. Now I know to stand up and shake someone's hand. THANK YOU!" ~ Alexandra

"Thank you for coming and sharing good manner tips. I really liked your book! I'll use it well. I hope you have a great stay in Kansas City . Thank you Cindy!" ~ Quint

"Thank you for coming to talk to us. I learned new stuff from you and your manners book. It is a very good book. You describe manners as if you invented them." ~ Connor