

Some Ideas for Treats and Trinkets



Baby showers are usually scheduled in the early afternoon, for about two hours, enough time for visiting with friends and family, a few refreshments, opening gifts and sometimes games.

The food can be matched to the time of day, but lighter fare is the norm. Served iced tea or lemonade, or make non-alcoholic punch or spritzers with a pretty fruit garnish. Nuts, vegetables and dip, and little tea sandwiches make a great start. Cookies or cake make a lovely finish. Baby showers are the perfect opportunity to celebrate the current cupcake craze, with either homemade or store-bought goodies. You can get creative with the frosting and decorative toppings to suite the theme of the occasion.

Typically, favors are a given at baby showers--small trinkets to commemorate the occasion. For ideas and examples, visit the [baby shower section](#) of the Emily Post [Bookstore](#) .

Recipes

- [Creative Non-Alcoholic Beverages](#)
- [Little Chocolate Spice Cakes](#)
- [Buttermilk Feather Cake](#)

From [*Great Get-Togethers: Casual Gatherings and Elegant Parties at Home*](#) by Anna Post and Lizzie Post